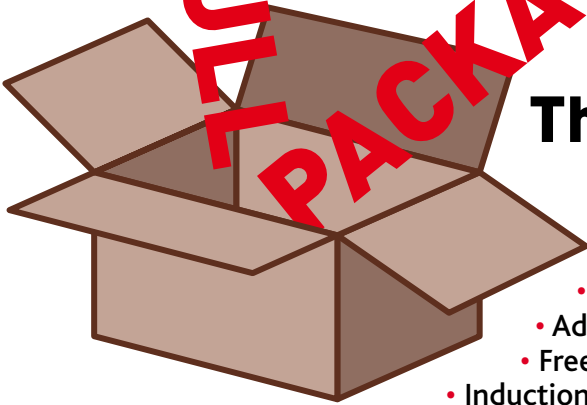


Trade Union Learning Link **Norfolk**
can help support workplace and union
learning in a number of ways.

For January and February 2006 we have
a special New Year offer
to new ULRs and
projects.



**THE TULL
PACKAGE**



The TULL package

Available to March 31st 2006 while funds last.

- £300 per new ULR to be spent on learning
- £20 per learner (max 10 learners per ULR)
- Advice and help setting up projects and courses
- Free Skills for Life training
- Induction briefing and pack for new ULRs
- Free Training for ULRs (by TUC or their union)
- Free briefings and short courses
- Invitation to Free TULL one day conference
- Ongoing project support
- Available to trades unions in Norfolk and partnership projects
- Access to local networks
- Limited number and conditions apply

Any payments are made to the union and are to be spent on learning or training and to develop the workplace project.

Example Workplace A

4 ULRs =	4 x £300.00 =	£1200
40 learners	40 x £20.00 =	£800

£2,000 to be used to subsidise courses, buy equipment etc.

**New Year
Special Offer**

Experience one to one training

Your chance to get a free confidential health and fitness assessment and a personal training session with a qualified personal trainer and sports massage therapist. New ULRs registered in February 2006 will be able to access two free individual personal training sessions, during March 2006.

These include

- One confidential health and fitness assessment and introductory session with a fully qualified personal trainer/sports massage therapist
- One personal training session at a convenient location, such as your workplace, home or other suitable venue
- Advice on nutrition and on putting together your own fitness plan.
- Numbers are currently limited to ten people and conditions apply.

For more information or to book ring TULL on **01328 855357** or email info@tull.uk.net